



**What should I do about it?**

There are no special medicines or antibiotics that can be used to treat a person once the symptoms appear. Generally, bed rest and a low fat diet is all that is needed. Avoid alcohol and check with your healthcare provider before taking any medicine.

This is a reportable disease to the Health Department. Children and sensitive workers can NOT be in school/daycare or any sensitive employment and need to be excluded for one (1) week after the onset of symptoms, or jaundice. Immune globulin (IG) may be given within 14 days of exposure to prevent persons at risk from becoming ill.

For more information, please contact the Santa Rosa County Health Department at 850-983-5200.