Mission:

To protect, promote & improve the health of all people in Florida through integrated state, county & community efforts.



Rick Scott Governor

John H. Armstrong, MD, FACS State Surgeon General & Secretary

Vision: To be the Healthiest State in the Nation

FOR IMMEDIATE RELEASE

April 14, 2015

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CHANGE OF VENUE FOR 2015 WALK FOR MOMMY & ME

Milton, FL - Due to expected inclement weather, the 2015 Walk for Mommy & Me on Saturday, April 18, will be held at the Santa Rosa County Auditorium, 4530 Spikes Way, in Milton. Doors will open to the public at 10:00 a.m. The event will run from 10:00 a.m. to Noon.

"When you plan an event outside there is always a chance that the weather won't cooperate," said Dianne Pickens, LD, director of the Florida Department of Health in Santa Rosa County WIC Program. "Fortunately, the county auditorium is available for April 18 and we are able to move everything indoors. This is one of our most popular events, so we are really glad that we didn't have to cancel."

The event is part of Florida's Healthiest Weight Campaign and features more than 20 booths with health and nutrition information for adults and activities for children, including face painting, prizes, and appearances by local characters such as McGruff the Crime Dog and the Crash Dummies. Healthy snacks will be provided by Santa Rosa Medical Center. All registered participants will receive a free entry into a drawing for special prizes. You must be present to win.

For more information, contact Dede Barrett at 850-983-5250 or visit the Florida Department of Health in Santa Rosa County website at http://santarosa.floridahealth.gov/.

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Healthiest Weight Florida is a public-private collaboration bringing together state agencies, not-for-profit organizations, businesses and entire communities to help Florida's children and adults make consistent, informed choices about healthy eating and active living. To learn more about how to be active and make nutritious food choices, visit www.healthiestweightflorida.com.

The department works to protect, promote and improve the health of all people in Florida through integrated state, county and community efforts. The department is recognizing 125 years of public health in Florida with educational opportunities and events. Please visit www.FLHealth125.gov for more information.

Follow us on Twitter at <u>@HealthyFla</u> and on <u>Facebook</u>. For more information about the Florida Department of Health please visit <u>www.floridahealth.gov</u>.