



SAFER 5K Healthy Heart/Healthy Community Run/Walk

September 24, 2016—Race begins at 8:30 a.m.

Blackwater Heritage Trail

Start line will be by SunTrust Bank

Tobacco Free Event



Registration fee is \$20 for ages 12 and over and \$10 for under 12.

Packet pick up : Thursday September 22 from 4-6 p.m. at DOH– Santa Rosa

Friday September 23 from 3-5 p.m. at DOH –Santa Rosa

Morning of the race September 24 from 7-8 a.m. Blackwater Trail

You may be asked to sign a waiver at packet pick up.

T-shirts for the race will be given to the first 100 participants.

Awards will be given in age categories.

This will be a self-timed race.

The race will continue rain or shine. Lightening may delay the start time.

For more information call Daniel Hahn at 983-4606 or Sandra Park-O’Hara at 983-5200 ext. 108

